

IAWF LA RISING LEADERS CHAPTER PRESENTS



# WINTER WELLNESS RETREAT



MAKE TIME FOR YOUR  
PERSONAL WELLNESS JOURNEY  
AND JOIN US FOR A DAY  
OF MEDITATION, MOVEMENT,  
BREATH WORK, AND QI GONG,  
IN ADDITION TO ENLIGHTENING  
WORKSHOPS AND  
MOTIVATIONAL PANELS

**SUNDAY**  
**FEBRUARY 23**  
**9AM-6PM**

1909 N Topanga Canyon Blvd  
Topanga, CA 90290



TICKETS AVAILABLE FOR PURCHASE AT [WWW.IAWFOUNDATION.COM](http://WWW.IAWFOUNDATION.COM)





**IAWF L.A. RISING LEADERS CHAPTER  
PRESENTS**

# **WINTER WELLNESS RETREAT**

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*Sunday, February 23, 2020*  
*9:00 AM - 6:00 PM*

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1909 N Topanga Canyon Blvd  
Topanga, CA 90290



## **Speakers:**



**Ramsay Mead**



**Nikki Honarkar Bostwick**



**Laura Yochum**



**Erin Rose Ward**





**Dr. Sherry Sami**



**Dr. Habib Sadeghi**



**Arezo Tehranirad**